

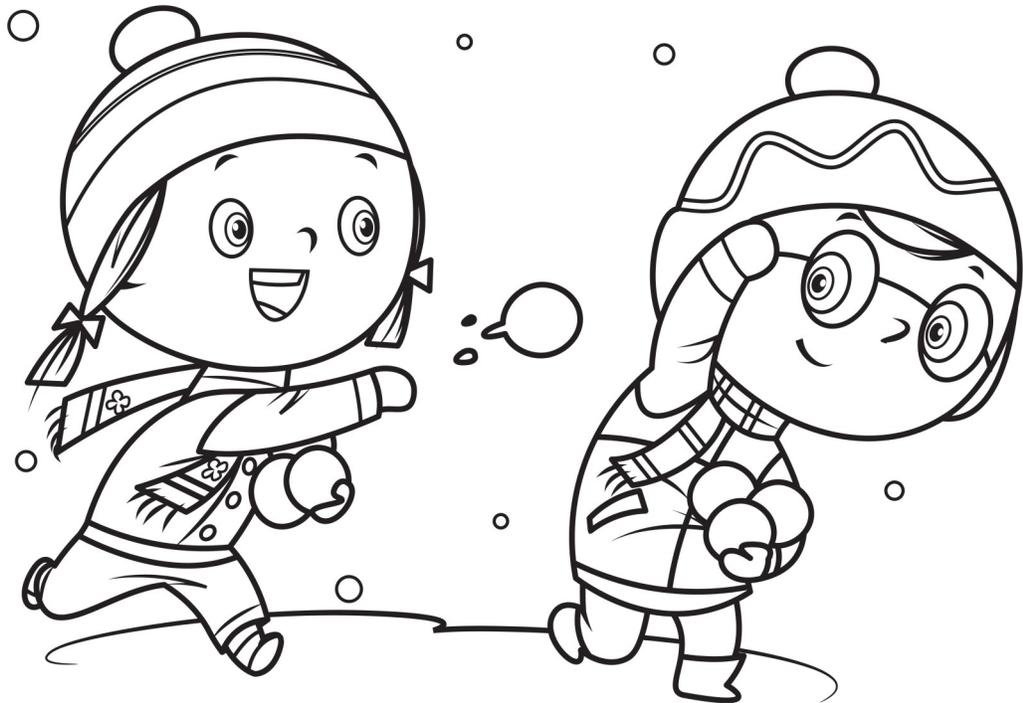


Evening Story Time

Weekly Activity Theme:

Opposites



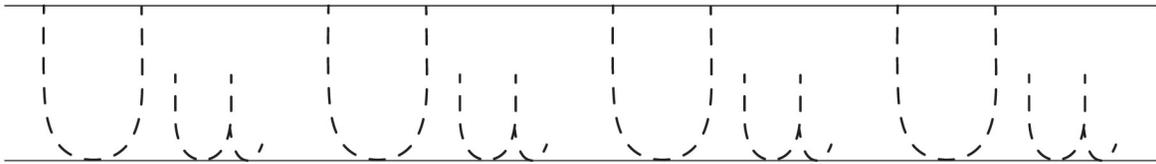




U u

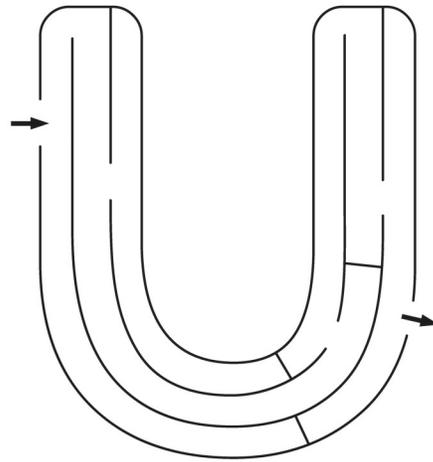


▶ Trace the letter U



▶ Find and color U

▶ Letter maze



▶ Write the missing letter

A B C D E F G H I J K L M
N O P Q R S T _ V W X Y Z

Songs & More

Happy Opposites

If you're happy and you know it, reach up high.

If you're happy and you know it, reach up high.

If you're happy and you know it,

And you really want to show it

If you're happy and you know it, reach up high!

Additional verses:

Reach down low, Clap really slow, Clap really fast

Open, Shut Them

Open, shut them, open, shut them

Give a little clap, clap, clap

Open, shut them, open, shut them

Put them in your lap, lap, lap!

Additional verses:

Apart, Together

Back, Forward

Go Up & Down

I Have a Friend

Tune: Skip to my Lou

I have a friend yes I do, (x3)

I'll be friends with you.

Jiggle like jelly yes I will, (x3)

'Cause I can't sit still.

Climb a ladder, oh so high, (x3)

'Til I touch the sky.

Night Sky Stretch

Stretch like a crescent moon.

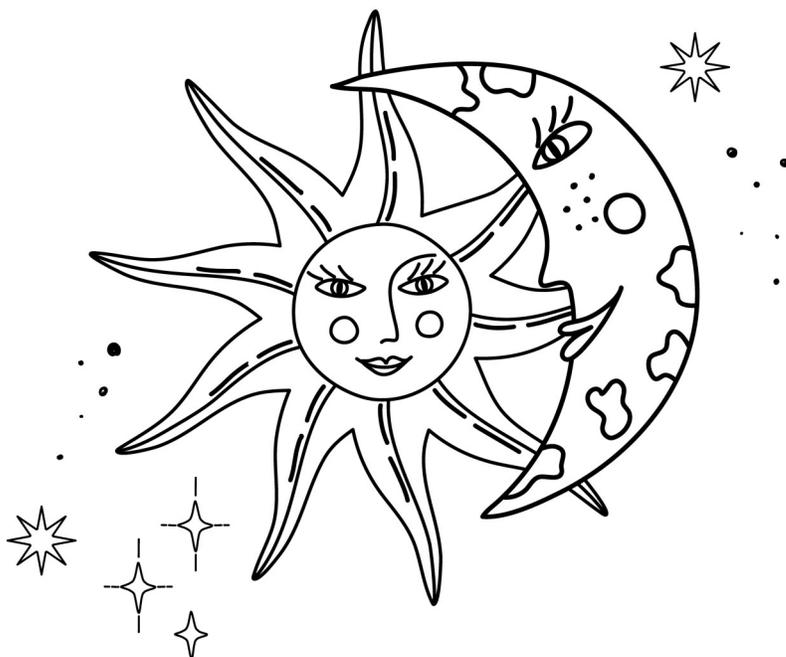
Sit cross-legged and gently reach your arm up and over your head, leaning to one side.

Try the other side!

Catch a shooting star.

Sit with your legs out straight. Reach up with one hand, grab a star, and bring it to your toes.

Try the other hand!



Every Child Ready to Read Skill

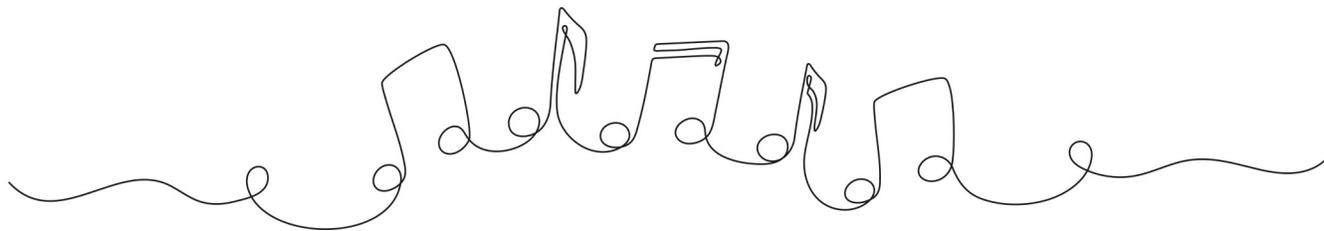
Singing

While singing or listening to you sing children develop listening and speech skills, concentration, and memory skills. Try:

Clapping to songs to demonstrate syllables

Singing your favorites over and over! Repetition helps to strengthen language skills.

Check out Hoopla to find songs to stream and download!



Resource Shoutout



Reading to children early and often is key to school and learning success.

- Sign up to keep track of the books you are reading.
- Celebrate reading milestones with free books and prizes!

hcplc.org/kids/1000-books

