Family Secry Hine

Weekly Activity Theme:

Playing









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Songs & More

Head, Shoulders, Knees and Toes

Head, shoulders, knees, and toes, knees and toes. Head, shoulders, knees, and toes, knees and toes. And eyes and ears and mouth and nose. Head, shoulders, knees, and toes, knees and toes.

Let's Exercise...

Simon says... Do three jumping jacks! Simon says... Touch your toes! Simon says... Jump up and down! Simon says... Hop back and forth! Simon says... Run in place! Simon says... Sit on your rug!

If You're Wearing...

Tune: Muffin Man If you're wearing red today, Red today, red today, If you're wearing red today, Stand up and say "Hoo-ray!"

This Old Man

This old man, he played one, He played knickknack on my thumb. With a knickknack patty whack, give a dog a bone. This old man came rolling home. This old man, he played two, He played knickknack on my shoe. With a knickknack patty whack, give a dog a bone. This old man came rolling home. *Continued...* ...three...on my knee



Books Read Today

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Pirate Nap By Danna Smith

Are You Ready to Play Outside? By Mo Willems



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